

The Work In Hand

A Clinic with Craig Stevens at the National School of Academic Equitation

Please mail your completed registrations to

NSAE 11901 – 215th Place SE Snohomish, Washington 98296

Clinic Information:

Saturday and Sunday from 9am to 5pm

\$350 for participants, \$275 for auditors, \$35 per day stable fee for private horses brought to participate. School horses are included in clinic price.

(Private horses must be approved by Mr. Stevens before being brought to the clinic. Please make arrangements with Mary Anne for stabling and feed, and have your horse settled in no later than 8am Saturday.)

This is a clinic for people who are ready to begin to understand the work they do with their horses, not just to mimic or recite what they've been taught. This clinic provides the student of the horse a deep theoretical basis to build the work they will do with the horse in hand—which translates to the work under saddle.

The work in hand is a method for starting an untrained horse, for developing a finished horse, and in any horse for building strength, balance and suppleness both of body and of mind. It is a very precise method to develop a conversational language with your horse that allows for a connection that builds trust, and along with it agility and precision.

This is not a “How To” weekend. You will not go home with a series of recipes for making the horse do prescribed movements. This is a weekend learning the building blocks of the work, cultivating your understanding of what to look for, developing your appreciation of the potentials in the work. If you have ever led a horse, you've used at least the basic methods that can bring the horse to high school movements. This weekend is about thoroughly understanding the elements behind the work so that you can sustain an equitation-conversation that develops your horse's abilities and your own understanding at the same time.

You will not be able to perfect these methods during this weekend. You will, however, have the information that you need to work independently at home. The clinic will include extensive classroom time backed with short, intense, practice session time. Questions are encouraged— if there's a specific idea you'd like to explore, just ask.

Bring: All participants should come equipped with a good stiff dressage whip, comfortable boots that you can walk in, and riding gloves. *If you are bringing your own horse* please bring feed, a cavesson and a ten to 15 foot cotton longe line. A cushion is advised if you have any issues with prolonged sitting. The classroom is heated in winter, but can still be chilly—do wear clothing appropriate for the season.

Do Not Bring: Dogs, active cell phones, or non-participating relatives or associates. Come prepared to focus.

Schedule: The Clinic day starts daily promptly at 9 and ends at approximately 5. We will have complimentary coffee, tea and muffin type snacks on site. If you bring your lunch, we have a refrigerator and microwave on site that you are welcome to use. There are restaurants within minutes of the barn where you can grab a sandwich for lunch if you'd prefer.

Rough Schedule: (Times are approximate and lecture topics may vary as the clinic develops.)

Day One:

9-11 Classroom. **The Fundamentals:** *History, Basic Method, Rein Effects, the Nature of touch.*

11-12:30 Arena: Demonstration: basic position and movements. First practice session.

Group may be broken into two units for the hands-on portion of the clinic, depending on number and levels of horses and handlers.

12:30-1:30 Break for Lunch, discussion, horse tending.

1:30 – 3:30 Classroom: **Beginning Training methods:** *The building blocks for training the horse in hand.*

3:30-5 Arena: Demonstration, Practice session.

Day Two:

9-11 Classroom: **Control of the horse:** *Methods for directing and controlling energy.*

11-12:30 Arena: Practice sessions

12:30-1:30 Break for Lunch, discussion, horse tending

1:30-3:30 Classroom: **Deeper Ideas.** *Final thoughts and deeper ways to work the horse.*

3:30-4:45 Practice sessions

4:45-5 Conclusions.

Participants will receive an accompanying booklet on the work in hand, and may also purchase Craig's videos on Dressage Theory and the Seat work.

How to get here:

From points south: Take Interstate 5 to exit 154B, Renton/Bellevue. Proceed north toward Everett on 405.

From the Seattle-Tacoma (Seatac) airport: about 45 minutes follow signs to freeways, stay in the right hand lane until it presents you with the 405 on-ramp, and then merge onto route 405 north toward Renton and Everett. (Don't take the hard right south to Interstate 5 and Tacoma.) Then follow directions below from 405.

From 405: Take route 405 to exit 23, which is 522 east, the Wenatchee and Woodinville exit. Take 522 east toward Monroe. Continue on 522 about 6 or 7 miles. Go past the light at Paradise Lake Road to the next exit, the Fales and Echo Lake Road turn off. At the end of the off ramp turn right and proceed about one mile to 215th place.

Turn Left on 215th Place. We are the first driveway on the left. You'll notice a white mailbox with the initials "NSAE". You will see a red barn/arena behind a yellow house. Proceed back to the barn area and ask for Craig or Mary Anne.

Lodging:

Monroe: There are several hotels in Monroe, about 10 minutes from the barn east on 522. Monroe is “nothing to write home about” but it’s close, and there are stores (such as Fred Meyers) that will supply you with any random needs during your stay. Most of our people stay at:

Best Western Sky Valley Inn, Monroe 19233 State Route 2, Monroe, WA
(360) 794-3111 toll free reservation line 1-800-937-8376.

Bothell, about 20 minutes west on 522, so closer to Seattle, is home to **the Comfort Inn**

www.comfortinn.com

1414 228th St., S.E. , Bothell, WA, US, 98021

Phone: (425) 402-0900 Fax: (425) 402-1350

The Comfort Inn is near malls and shopping areas, so people who are bringing family members sometimes choose this option.

Snohomish: There’s a great bed and breakfast in Snohomish, about 15 minutes from here: **Pillows and Platters Bed and Breakfast**

502 Avenue C

Snohomish, WA. 98290

Phone: 360-862-8944 Cell: 425-923-0102

Toll free: 800-214-1305

E-mail: pillowsandplatters@verizon.net

We’ve heard nothing but rave reviews about Pillows and Platters. Snohomish itself is a great little boutique town, with antique stores and novelty shops, good restaurants (I always like the Piccadilly Pub) and a lovely river front walking area.

Woodinville

and finally there’s a fabulous luxury hotel in Woodinville. Willows Lodge is about 10-15 minutes from the barn. It sports a five star restaurant and every amenity, lots of shopping (Molbaks nursery is blocks of greenhouse, peaceful and very bright...) and there are surrounding wineries for local color.

Willows Lodge

www.willowslodge.com

14580 NE 145th St

Woodinville, WA 98072 - 6950

(425) 424-3900 or toll free 1-800-278-5128

For more info: mac@classical-equitation.com or Mary Anne at 360-668-5242